



TEAM Safety Services Ltd Health and Safety Training

Emergency First Aid at Work – Appointed Person HSE Approved

Aims

Emergency First Aid at Work training courses are for Appointed Persons and are Health & Safety Executive recommended. This is the minimum level of First Aid training for the workplace, appropriate for low-risk environments or for those acting in the absence of a fully qualified First Aider.

Who Should Attend

Individuals wishing to become the appointed person for first aid at work.

Course Duration

1 day

Learning Aims and Objectives

To be able to provide basic life support delegates will receive training in a range of Appointed Person First Aid subjects, including:

- Aims and Principles of First Aid
- Action at an Emergency
- Basic Life Support
- Management of the Unconscious Casualty
- Assessment and treatment of a casualty who is wounded, bleeding or shocked
- Assessment and treatment of fractures, dislocations and soft tissue injuries
- Assessment and treatment of burns

On completion of this basic life support course, delegates will receive a First Aid certificate of attendance to the standard of Emergency First Aid for Appointed Person.

