



TEAM Safety Services Ltd Health and Safety Training

First Aid at Work – HSE Approved

Aims

On completion of First Aid at Work training course, candidates will be assessed in Practical and Theory aspects of First Aid to the HSE Approved standard. Successful completion of the First Aid at Work assessment will result in the award of a 'First Aid At Work' certificate approved by the Health & Safety executive in line with Health and Safety First Aid Regulations 1981. The First Aid at Work certificate will be valid for three years.

Who Should Attend

Individuals wishing to become the first aider at work.

Course Duration

3 days

Learning Aims and Objectives

On completion of the course, candidates will be able to demonstrate knowledge and skills from the First Aid Training Manual. These topics include;

- ✓ The Aims & Priorities of First Aid
- ✓ Burns & Scalds
- ✓ Laws & Regulations
- ✓ Protection From Infection
- ✓ Infectious Diseases
- ✓ Recognition of Illness
- ✓ Site Survey
- ✓ Transport of Casualties
- ✓ Basic Life Support
- ✓ Poisoning
- ✓ Miscellaneous Conditions
- ✓ Burns and Scalds
- ✓ Casualty Examination
- ✓ Head Injuries
- ✓ Chain of Survival
- ✓ Concussion
- ✓ Communication & Delegation
- ✓ Compression
- ✓ Stroke
- ✓ Legal framework
- ✓ Wounds and Bleeding
- ✓ Record Keeping
- ✓ Bone, Joint and Muscle injuries
- ✓ Drowning
- ✓ Shock
- ✓ Electric Shock
- ✓ Unconscious Casualties
- ✓ Anaphylactic Shock
- ✓ Smoke, Gas and Chemicals
- ✓ Angina
- ✓ Recovery Position
- ✓ Epilepsy
- ✓ Heart Attack
- ✓ Crush Injuries
- ✓ Diabetes
- ✓ Effects of Heat and Cold
- ✓ Spinal Injuries
- ✓ Control of Bleeding